

David Thompson High School  
RR# 1 Condor AB TOM OPO  
Ph. 403 729-3930 Fax 403 729-3001

Issue #2

November 2016

<http://davidthompson.wrsd.ca/>

[www.facebook.com/davidthompsonhs](http://www.facebook.com/davidthompsonhs)

## **PRIDE: . . . . It's What We're Going For!**

### Important Dates:

November 3 & 4:  
PD Days - No School

November 11:  
Remembrance Day - No School

November 25:  
No School

November 8:  
PRIDE Assembly  
Hot Lunch - Panago Pizza

November 16 @ 7 p.m.:  
Parent Council Meeting

December 1:  
Grade 9 Field Trip - Theatre  
Calgary - A Christmas Carol

November 10 @ 10:30 a.m.:  
Remembrance Day Ceremony

November 17 @ 5 p.m. - 8 p.m.  
Parent -Teacher Interviews

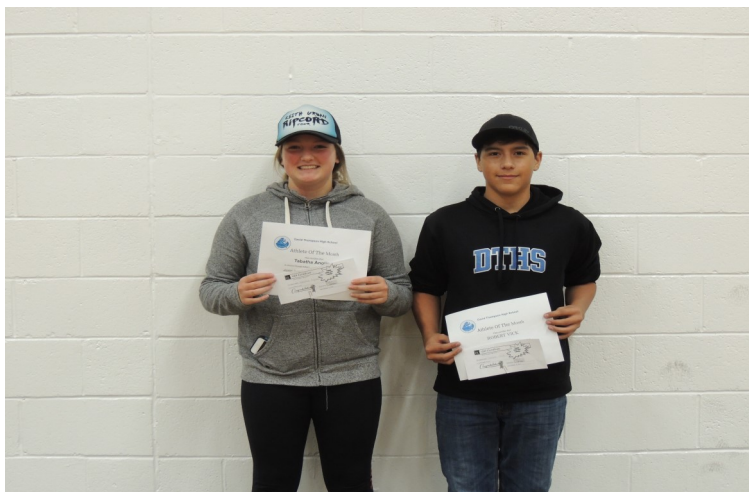
## *Students of the Month*



Pictured from left to right: Brandon Smith, Gina Fuengeling, Nikale van der Vlis.

Not pictured: Levi Marcinek.

## *Athletes of the Month*



Pictured from left to right:  
Tabatha Angliss, Robert Vick.

Not pictured:  
Brandon Maxwell, Amber Conway.

# There are many ways to keep up with the happenings at DTHS!

Check out our website: <http://davidthompson.wrsd.ca/>

Like us on Facebook: [www.facebook.com/davidthompsonhs](http://www.facebook.com/davidthompsonhs)

Phone us at (403) 729-3930. We're happy to hear from you!

Sign up for REMIND:

## Sign up for important updates from Mr. Trieber.

Get information for DTHS right on your phone—not on handouts.

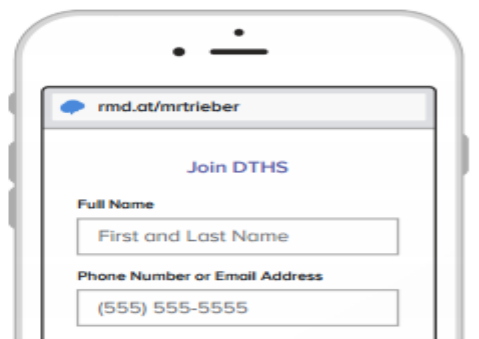
Pick a way to receive messages for DTHS:

**A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

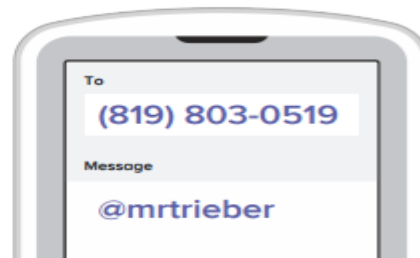
[rmd.at/mtrieber](http://rmd.at/mtrieber)

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



**B** If you don't have a smartphone, get text notifications.

Text the message @mtrieber to the number (819) 803-0519.



Don't have a mobile phone? Go to [rmd.at/mtrieber](http://rmd.at/mtrieber) on a desktop computer to sign up for email notifications.

## ***Has Your Contact Information Changed?***

**If your mailing address, telephone numbers or email address have changed, please contact Ashley in the office:**

**[ashley.gaehring@wrsd.ca](mailto:ashley.gaehring@wrsd.ca) or 403-729-3930**

## **Please Note:**

The DTHS office will no longer automatically print receipts for fee payments. If you require a receipt, please contact the school office and we will be happy to send one home with your child.



# News From Parent Council



November 8 - Panago Pizza Hot Lunch

November 16 @ 7 p.m. - Next Parent Council meeting

## Congratulations, Jr. Cross Country Runners!



The grade 8s and 9s were amazing at the Cross Country meet in Lacombe on Thursday, October 13, bringing home a banner for the gym! Although we were given a "JJ" banner from CWAJHAA, our school was actually registered as a "J" competitor.

Terrific effort by all 19 runners; hard work, sportsmanship and a fine representation of DTHS!

Congratulations to our team members: Tabatha Angliss, Ava Beisal, Katie Bohlken, Brian Bott, Halle Chenard, Lance Clay, Hayley Dickson, Gina Fuengeling, Seth Gecse, Juliet Korth, Laurel Lee, Carson Lutz, Kolten McMullen, Jana Neukom, Dalton Pollitt, Brandon Smith, Jake Smith, Reed Tensen, Piper Wylie.

## Curling Opportunity

On Thursday, November 17th, 2016 Team Koe will be hosting a Repsol-sponsored junior curling clinic at the Rocky Curling Club. Clinic runs from 4 pm - 6 pm followed by a meet and greet until 7 pm. The clinic is free, and food and drinks will be provided. Participants must pre-register for the event, which could fill up quickly. To register, please call Carrie Stewart @ (403) 847-8239 by November 10th.



# NOVEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 5 - 7 JV Girls 7 - 9 Sr Girls	<b>2</b> Gr 9 Girls Host Pioneer 7 - 9 Sr Girls Jr. Girls @ RCS	<b>3</b> 3:15-5:00 Sr Boys 5 - 7 JV Girls 7-9 Sr. Boys (BBall) Staff PD	<b>4</b> Sr Girls St. Doms	<b>5</b> Crank Wrestling Tourname Sr Girls St. Doms
<b>6</b>	<b>7</b> 3:15-5 Jr. Boys Sr. Boys Host St. As	<b>8</b> 3:15-5 Jr. Girls 5 - 7 Gr 9 Girls* 7 - 9 Sr Girls*	<b>9</b> 7-9 Sr. Boys (BBall) Jr High Divisionals Sr. Girls @ Rimbey	<b>10</b> 5 - 7 Gr 9 Girls 7-9 Sr. Boys (BBall)	<b>11</b> Holiday	<b>12</b>
<b>13</b>	<b>14</b> 3:15-5 Jr. Boys 5-7 Sr Girls 7-9 Sr. Boys (BBall)	<b>15</b> 3:15-5 5 - 7 Gr 9 Girls 7 - 9 Sr Girls	<b>16</b> 3:15-5 Jr. Boys 5-7 Sr. Boys (BBall) 7 - 9 Sr Girls	<b>17</b> 3:15-5 Gr 9 Girls 5-7 Sr. Boys (BBall) 7-9 Sr. Girls (BBall)	<b>18</b> 3:15-5 5 - 7 7 - 9	<b>19</b> CWAJHAA Volleyball
<b>20</b>	<b>21</b> 5 - 7 7-9 Sr. Boys (BBall)	<b>22</b> 3:15-5 5-7 Sr. Girls (BBall) 7-9 Sr. Boys (BBall)	<b>23</b> 3:15-5 Jr. Boys(BBall) 5 - 7 7-9 Sr. Boys (BBall)	<b>24</b> 3:15-5 7-9 Sr. Girls(BBall)	<b>25</b> No School Sr. Boys @WC Sr. Girls @ WC	<b>26</b> Sr. Boys @WC Sr. Girls @ WC
<b>27</b>	<b>28</b> 3:15-5 Jr. Boys 5 - 7 7-9 Sr. Boys (BBall)	<b>29</b> 3:15-5 5-7 Sr. Girls 7-9 Sr. Boys (BBall)	<b>30</b> 3:15-5 Jr. Boys 5 - 7 7-9 Sr. Boys (BBall)			
		<b>Notes:</b>				
		© 2013 Vertex42 LLC. Free to Print. <a href="#">Academic Calendar Template by Vertex42.com</a>				

**PRIDE: . . . . . It's What We're Going For!**





A word of "Thanks" from our head caretaker, Mr. Rick Arkell:

J.K. Rowling wrote, "Youth cannot know how age thinks and feels. But old men are guilty if they forget what it was to be young" (Harry Potter and the Order of the Phoenix).  
I think that is a thought worth pondering in the halls of learning.

Maybe a thought akin to that might be, I live in my skin and you live in yours. As we rub shoulders together day to day we will appreciate each other's uniqueness and enjoy our common goal.

Thank you for letting me "rub shoulders" with you since the commencement of my employ at DTHS. From early on I was brought into the fold by the likes of Mr. Wolitski, Mr. Trieber, Mrs. D and Ms. Gaehring. After a few inquisitions at a distance, further acquaintances have made me feel at home at DTHS. It is a good thing to be a part of your team and family. My heart is to serve you in the best way that I can. I will need your help in this endeavor. That will come in the form of letting me know how I can serve you better. We all have our personal idiosyncrasies. If I am not addressing yours, I invite your correction and constructive criticism. Be courageous!

Allow me to close with another quote worth pondering: "You must remember, family is often born of blood, but it doesn't depend on blood. Nor is it exclusive of friendship. Family members can be your best friends, you know. And best friends, whether or not they are related to you, can be your family"  
(Trenton Lee Stewart, The Mysterious Benedict Society).

Have A Great DTHS Family kind of a day!



**Mrs. Glass invites you to subscribe to Remind!**

Math 8 - Text the message @9g73g8 to the number (780) 666-7355.

Math 9 - Text the message @ab6gc to the number (780) 666-7355.

**Mrs. Morrish invites you to subscribe to Remind!**

**Mrs. Morrish Grade 8 Remind:**

If you have a smartphone, get push notifications. On your iPhone or Android phone, open your web browser and go to the following link: [rmd.at/dthsla8](http://rmd.at/dthsla8) Follow the instructions to sign up for Remind. If you don't have a smartphone, get text notifications. Text the message @dthsla8 to the number (819) 410-1138.

**Mrs. Morrish Grade 9 Remind:**

On your iPhone or Android phone, open your web browser and go to the following link: [rmd.at/dthsla9](http://rmd.at/dthsla9) or text the message @dthsla9 to the number (819) 410-1138.

**DRESS CODE REMINDER – Students are expected to:**



- dress in a clean, neat manner
- not wear headgear in the school during school hours
- wear shoes at all times
- when appropriate, wear shorts and skirts of a reasonable length (Plus or minus one inch of arms straight down at student's side)
- no halter, backless, spaghetti, strapless, or short tops to school
- always wear a shirt (pinnies provided in P. Ed.)
- never wear shirts with unbecoming pictures, profane words or obscene slogans
- never wear fashion accessories that may be deemed to be dangerous
- keep pants pulled up

# FROM THE CAREER CENTRE



## GOAL SETTING

Goal setting is an important process for considering your ideal future and for motivating yourself to turn your life's dreams into reality. Goal setting helps you to decide your direction in life and to achieve other aspirations you might have.

### **Why Should We Set Goals For Ourselves?**

- Goals help us to create a clearer vision for our future lives.
- Goals help us to break down what might be an overwhelming journey into shorter, more manageable steps
- Goals help us to believe that we are able to make important decisions for our own happiness
  - Goals remind us of what we truly want in life

Whether you are setting a goal for academic achievement, to become a video game designer, to learn how to drive, to climb a mountain or to fix your truck, the process is the same.

Be sure to make your goals SMART goals:



## **Reminders for Grade 12 Students**

### **Applying for Post-secondary**

If you have decided on a post-secondary program and the post-secondary institution you wish to attend, now is the time to apply to that program. Some programs fill up really quickly. As an example, the opening date for applying for the Unit Clerk program at RDC was October 1. The program was filled on that day. If you need any help with research or applications, visit Mrs. Thompson at the Career Centre.

### **Post-secondary Open Houses**

Most colleges and universities have Open Houses where they showcase their programs allowing prospective students to find out what programs they offer and what life on that campus is like. Most Open Houses take place on a Saturday so it is not convenient for us to take a bus to the college or university. If you are interested in attending an Open House, check the post-secondary websites for dates. Red Deer College is having their Open House on October 29. Attending an Open House is also a good experience for students in Grades 10 and 11.

### **Entrance Scholarships**

If you are on your way to post-secondary, now is the time to start looking for entrance scholarships at the post-secondary institution you are planning to attend. Many of the post-secondary schools have a common application they use for most of their scholarships.

### **Other Scholarships**

Many scholarships require you to accompany your application with an essay discussing your career plans or your involvement in the community. During Careers classes we will be spending some time on identifying scholarships and applying for them including writing an application essay. If you have any questions on applying for scholarships, see Mrs. Thompson at the Career Centre.





## Distance Education News



It is always good to see students who are taking the distance education option to be progressing in their courses. This term is one-third over which means that students should have completed at least one-third of their material to be finished by the end of January.

It is always best to complete early and to have extra time to work on other courses.

Completed assignments should be handed in at the Career Office. If I am not in the office, please email me to tell me you have handed in an assignment for marking:

[linda.tomlinson@wrsd.ca](mailto:linda.tomlinson@wrsd.ca). Assignments are usually marked within a few days.

Completed modules are stored in the Library with Mrs. Williamson.

They are returned to students before exams to study.



### Career Corner - October 2016

**Green Certificate:** Students who are considering taking a Green Certificate course need to sign up soon. The first exams take place in November. The Green Certificate is a great opportunity for students who work on farms or have an interest in farming. When the students have completed the program they will receive 16 grade 12 credits. The Green Certificate credentials are recognized by people in the industry.

Greenhouse has been added to the list which includes: cow-calf, Dairy, Feedlot beef, Field Crop, Sheep, Swine, Bee and Equine courses.

Students must bring in a deposit of \$200, (or make other arrangements at the office) along with the application form.

**Work Experience:** It is always a pleasure to visit employers and hear and read all the positive comments about David Thompson students who are participating in Work Experience or working towards their Green Certificate.

Work Experience is a high school credit course that allows students to receive credits for working, paid or unpaid. This includes working on the family farm, volunteering at the hall or working at a paid job. A credit is given for every 25 hours worked with the minimum amount being 125 hours with one employer up to 750 hours which amounts to 30 credits.

Before students can claim any work experience hours they need to fill out a Work Experience contract, have it signed by the employer and parents as well as the student and returned to the school. Students are responsible for keeping track of their own hours in the form of an employer-signed sheet or a pay stub. Hours worked before the contract is handed in will not be accepted.

Questions? Please contact Linda Tomlinson at (403) 729-3930 or [linda.tomlinson@wrsd.ca](mailto:linda.tomlinson@wrsd.ca)



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**CANADIAN STUDENT  
TOBACCO, ALCOHOL AND  
DRUGS SURVEY**

Students at DTHS will be asked to be a part of the 2016/2017 Canadian Student Tobacco, Alcohol and Drugs Survey (CSTADS). This survey will gather details about health and behaviours among youth. This project has been approved by our School Board and DTHS. Permission forms for participation in the survey were sent home on Monday, October 24. If your child does not bring home the permission form, it can be completed online at: <http://cstads.ca/permission> (code: 432223)



Greetings!

Mental health services will once again be available at David Thompson High School to support students and their families.

My name is Sherri OpdenDries and I am a child and adolescent mental health therapist. I will be at the high school on the first and last Tuesday of each month. The services offered are focused on assessment, treatment and support of an individual's mental health and are free and confidential. Unless a child is in crisis, my involvement does require parental consent.

If you have any concerns regarding your child's mental health, please feel free to give our clinic a call at 403-844-5235 for further information.

Looking forward to hearing from you.

Sincerely,

Sherri OpdenDries, RSW  
Child and Adolescent Therapist



**BREAKFAST FOR  
LEARNING™**  
Feeding hungry minds throughout the day™

NOURISHMENT  
+ EDUCATION  
BRIGHTER FUTURE



### **Breakfast for Learning**

Our school's nutrition program is proudly funded by Breakfast for Learning. Thanks to their support, we are able to offer our students a healthy meal or snack during the school day.

Breakfast for Learning is a national charity that is committed to ensuring students attend school well nourished and ready to learn, giving them the best chance of success in life.

In the 2013/14 school year, Breakfast for Learning funded 2,402 breakfast, lunch and snack programs, served 251,531 children and youth and provided over 40 million nourishing meals and snacks.

Since 1992, Breakfast for Learning has helped serve over 510 million meals to children and youth across Canada.

For more information, please visit [breakfastforlearning.ca](http://breakfastforlearning.ca).