

Issue #6

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The David Thompson Compass



David Thompson High School RR# 1 Condor AB TOM OPO Ph. 403 729-3930 Fax 403 729-3001

April 2017

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April 24:

PD Day - No School

May 2:

PRIDE Assembly

http://davidthompson.wrsd.ca/ www.facebook.com/davidthompsonhs PRIDE: It's What We're Going For! k k k k k **Important Dates:** March 24 - April 2: April 14: Spring Break - No School Good Friday - No School April 11: April 17: April 25 @ 5 p.m. - 8 p.m.: **PRIDE** Assembly **Easter Monday - No School Parent-Teacher Interviews** April 19 @ 7 p.m.: Parent Council Meeting April 13: **Student Lunch** Students of the Month Pictured from left to right: Daniel Morrish, THE Jade Keil, Robert Vick, Jayce McMeekin. Athletes of the Month Pictured from left to right: Ava Beisal, **Brian Bott**, Amy Korth, Hunter Smith.



Principal's Message

At DTHS "we are as concerned with who the student is, as we are with what the student knows". Exactly what does this mean? The first part of the quote "we are as concerned with who the student is..." looks at the character development of the students. At DTHS we value community involvement, volunteerism, and integrity in our students. This is a reflection of the goals of our PRIDE program. Character education and career education encourage students to take part in their communities through volunteer and mentorship Students in Grades 8 to 12 all receive opportunities. school courses that focus on their character and career education. The second part of the quote focusses on the academic goals that our students pursue in their studies. Our staff works tirelessly to support the students in attaining a quality education. With this combination of career and character programming and academics, we are striving to produce lifelong learners who are contributing members to society and our communities.

Mr. Miles Trieber

APRIL 2017

Sunday	y Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
-	3:15-5 Jr. Badminton	3:30-5:00 Sr. Badminton	3:15-5 Jr. Badminton	3:30-5:00 Sr. Badminton	3:15-5	-
	6-8 - Club Basketball	6-8 Club Basketball	5-7	5-7	5-7	
			7-9	7 - 9 Leslieville Baseball	7 - 9	
9	10	11	12	13	14	15
	3:15-5 Jr. Badminton	3:30-5:00 Sr. Badminton	3:15-5 Jr. Badminton	3:30-5:00 Sr. Badminton	Easter Weekend	
	5-7	5-7	5-7	5-7	No School	
	6-8 Club Basketball	6-8 Basketball	7-9	7 - 9 Leslieville Baseball		
16	17	18	19	20	21	22
	No School	3:30-5:00 Sr. Badminton	3:15-5 Jr. Badminton	3:30-5:00 Sr. Badminton	3:15-5	
		5-7	5-7	5-7	5-7	
		7-9	7-9	7 - 9 Leslieville Baseball	7-9	
23	24	25	26	27	28	29
	PD	3:30-5:00 Sr. Badminton	3:15-5 Jr. Badminton	3:30-5:00 Sr. Badminton	3:15-5	
		5-7	5-7	5-7	5-7	
		7-9	7-9	7 - 9 Leslieville Baseball	7-9	
30		Notes:				





Thank you so much to all of the parents who helped with the staff appreciation lunch on March 16!

Next Parent Council meeting is on Wednesday, April 19 at 7 p.m. in the school library.



ACCA Cooperative Youth Leadership Camp

Leadership camp running for students aged 11-18 (as of June 23, 2017) during an assigned week at Goldeye near Nordegg. Details can be found on their website at www. acca.coop. The David Thompson Rec. Board has sponsored selected students in the

past for about 75% of associated costs. If interested please fill out a registration sheet and forward to Mr. Smith at Leslieville School, Mr. Trieber at D.T., or Mrs. Merklin at Condor School. Applications for sponsorship must be submitted by April 28th on a first come, first served basis. The Rec Board reserves the right to make final decisions on sponsorship. Please phone your school rep with any related questions. Selections will be made by May 5th, in time for registration deadline of May 10, 2017.



- wear shoes at all times

Dress Code

- when appropriate, wear shorts and skirts of a reasonable length (Plus or minus one inch of arms straight down at student's side)
- no halter, backless, spaghetti, strapless, or short tops to school
 always wear a shirt (pinnies provided in P. Ed.)
- never wear shirts with unbecoming pictures, profane words or obscene slogans
- never wear fashion accessories that may be deemed to be dangerous
 keep pants pulled up
- keep pants pulled up

PRIDE: It's What We're Going For!



We are on the move again!

One of the main goals of the Career Planning program at DTHS is to have students experience what post-secondary is like close up. We are once again planning two trips to Calgary in April to tour three campuses and to have a closer look specifically at some of the SAIT programs that might interest our students. If you want to come along on either or both of these trips, be sure to sign up when permission forms are available.

The trip to SAIT will be on April 11 and the visit to the University of Calgary and Mount Royal University will be on April 28.

To Grade 12 Students

Need help registering for post-secondary courses for next year?

Registering for courses in post-secondary is much more complex than it is at DTHS. Realizing this, the University of Alberta and Red Deer College are providing workshops at Lindsay Thurber in Red Deer to assist students with navigating courses and timetables for all programs. If you wish to receive help with registering in your next year courses, plan to attend one of these workshops:

University of Alberta registration 101 Workshop, Tuesday March 21 from 3:30 to 5:30 and 5:30 to 7:30. The link for registration: <u>ualberta.ca/Reg101</u>

Red Deer College Timetable Session, Tuesday, April 11, from 4:30 to 5:30. The link for registration is <u>RDC Timetable Session</u>, <u>April 11</u>

Scholarships and Awards Available to David Thompson Students

Some awards given to students at DTHS do not require an application or a deadline date. Those listed below **do** require an application and have a deadline date. Pick up a copy of the applications and more information from Mrs. Thompson. Apply early so you are not filling out applications while you are studying for diploma exams!

Scholarship	Amount	Criteria	Deadline Date	
RMH Credit Union RCU	\$1000	Community Involvement CU membership	July 31	
Member	\$1000	80% + averageCU membership	July 31	
Clearwater County Crime Watch	\$500	Community Involvement	June 15	
Clearwater County	\$1000	Community InvolvementEssay	May 31	
Mountainview Credit Union	\$1000	Achievements, communityEssayCU membership	Apr 30	
Shell	\$1000	• STEM		
Repsol	\$1000	Future PlansEssay	May 31	
RMH Ag Society	\$1000	Farm Family	June 30	
Eckville Coop	\$500	Family member of Coop	August 15	
RMH Hospital Auxiliary	\$2000	 Post-secondary in medical field 	Sept 1	
RMH Coop	\$500	Employee of RMH Coop	August 15	
Rocky REA	\$1000	Family member of REAEssay	August 31	
Creating A Future Vision	\$500	Career Transition Plan	May 31	
		• Essay		



Post-secondary Institution Scholarships and Awards

Many of the post-secondary institution scholarship deadline dates are approaching fast. For example, the application deadline for several scholarships at Red Deer College is March 31. Be sure to apply for all awards you qualify for!

Other Post-secondary Financial Assistance Resources

Student Aid Alberta

Calgary Stampede Grade 12 Art Scholarship-

<u>ALIS</u>

Financial Consumer Agency of Canada - Grants, Bursaries and Scholarships

<u>Alberta Scholarships</u>

Alberta Foundation for the Arts

Grand Yellowhead Scholarships for Albertans

Peace Wapiti Scholarships (organized by monthly deadline dates)

<u>Yconic</u>

<u>Scholarships Canada</u>

<u>Tradesecrets</u>

Tradesecrets Scholarships

artec and Spanish Museum

The grade eights held a very successful Aztec and Spanish Museum on Tuesday, March 21 in the school library. The displays filled the Library/Learning Commons with artifacts from the 1500's, ranging from torture devices of the Spanish Inquisition to various food delicacies of the Aztecs and Spain.

Thank you to the students and parents who attended this amazing event!











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Distance Education News



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David Thompson being a small school, uses distance education courses to offer a wider range of classes. That being said, no school in Alberta, no matter the size, can offer all the courses available through ADLC.

Just a friendly reminder that there are a little over 2 months left to finish all Distance Education courses. Working hard now will eliminate the end-of-year rush. Students who are finished by the first week in June will have more time to study for other finals.

Questions? Please contact Linda Tomlinson at (403) 729-3930 or linda.tomlinson@wrsd.ca

Image: Career Corner - April 2017

<u>Green Certificate:</u> Olds College is hosting a Young Farmer Workers Safety Training day on April 10. It is free to all Green Certificate students and open to others for \$45 for the day. This course will give students credits in AGR 3000 which is needed for by all students taking the Green Certificate.

The course includes lunch. For an extra \$35 students can take Farm First Aid. Information and registration is online at www.yfsafety.com

Green Certificate testing dates are May 23 and 24 at Olds College, with Dairy taking place in Lacombe on May 25. All students who have not tested are encouraged to do so as this is the last chance to test this school year with the exception of a few slots that might open at the end of June. Pamela Church, the program coordinator, is encouraging students to take a practice test as it will give students a better understanding of what is expected. If the student does well they will receive a pass.

It is possible to sign up for the Green Certificate program at any time as long as the student is over 15 years old. Forms are available through the Career Centre. A two hundred dollar completion deposit is needed before students are registered.

There are ten different agricultural based streams: Cow/Calf, Dairy, Field Crop, Sheep, Swine, Beekeeper, Equine, Feedlot and Greenhouse Production. Each stream is divided into three sections. Students work with a trainer, learning all aspects of the industry. When they feel they have mastered a section they sign up for an oral exam at Olds College. If students have an interest and do not have a trainer, we can help to match them with an experienced trainer.

<u>Work Experience</u>: June is not that far away. Students who are 15 years and over, who wish earn Work Experience credits during the summer, should start looking for summer employment now. Talk to friends, neighbors or check job postings. The school will also have job postings displayed on the monitor by the gym. Students are always welcome to drop into the Career Centre to upgrade their resumes and cover letters.

Work Experience is designed to introduce students to the workforce where they will gain basic employability skills. Students can work for a family member, employer or volunteer. Before the hours can be counted toward credits, the student, employer and parents must sign an employment contract. Employers fill out an evaluation which becomes the student's mark. Every 25 hours worked is worth one credit. A minimum of 125 hours need to be completed before being submitted for credits.

It is a student's responsibility to keep track of hours either through pay stubs or a sheet signed by the employer. Hours must be submitted to the Career Centre at school. Forms and more information on Work Experience and the Green Certificate are available at the Career Centre, or contact Linda Tomlinson by phone: 403-729-3930 or email: linda.tomlinson@wrsd.ca.



RESULTS FOR PARENTS

David Thompson School

MENTAL WELLNESS

SCHOOL CONNECTEDNESS



85%

of students report being happy to be at their school.

YOU CAN HELP

- Encourage your child to get involved in student leadership and extracurricular activities at school
- Express Interest In your child's school and make an effort to speak with them about their favourite parts of school.
- Attend after-school events with your child such as book fairs and carnivals held at the school.

RISK BEHAVIOURS



BULLYING OTHERS

26%

of students at your child's school report bullying other students in the last 30 days.

YOU CAN HELP

- ۲
- Create a plan of action with you child that outlines how they will change their behaviour. Ensure they know that bullying is a big deal and will not be tolerated.
- Communicate with the school and work together with your child's teachers to ensure that your child is no longer bullying.

This is a summary of results from your child's schools' participation in the 2016/2017 Canadian Student Tobacco, Alcohol and Drugs Survey. For the full results profile, please contact your school principal. For more information visit cstads.ca



93%

of students feel they can express themselves at home and their parents like and care about them.

YOU CAN HELP

- Talk to your child if you suspect bullying. Take it seriously. Foster positive mental wellness habits at home through physical activity, journaling, learning to cope with negative thoughts, setting goals and sharing humour.
 - Teach your child to recognize and heir emotions
 - Help your child to identify and develop their own talents by providing them with opportunity and encouragement.



of students report having ever ridden in a car driven by someone who was drinking or using marijuana.

YOU CAN HELP

- Talk to your child about the misconception that driving under the influence of marijuana is less dangerous than drinking and driving.
- Educate your child about the risks associated with combining driving inexperience with any level of intoxication.
- Ensure your child has a plan when faced with getting in a vehicle with someone who has been drinking.

MARIJUANA USE



*%

of students at your child's school reported using marijuana in the month before the survey.

YOU CAN HELP

- Equip your child with the skills to recognize and avoid situations where they may feel obligated to use drugs. If they cannot avoid these situations they can commit in advance not to use marijuana. ۲
- Teach your child that driving under the influence of marijuana is extremely dangerous.
- Help your child learn about the short and long-term health risks of using marijuana.

UNIVERSITY OF WATERLOO

BINGE DRINKING



of students report drinking 5+ drinks of alcohol on one occasion in the last 12 months.

YOU CAN HELP

- Take interest in your child's social life and speak with your child about the use of alcohol in their peer group.
- Be aware of events that involve binge drinking and discuss strategies to minimize the risk prior to an event.
- Discuss and address the common beliefs that can lead to alcohol abuse (e.g., "everyone does it", "you only live once").



Health Canada's Canadian Student Tobacco Alcohol and Drugs Survey is a national survey of students in grades 7 to 12 across Canada. The survey asks questions about tobacco use, alcohol use and drug use in addition to bullying, mental health and school connectedness. For more information visit cstads.ca



When asked whether they would rather have a job that they loved but paid very low or a job that they hated but had excellent pay, 45% of the grade 12 class opted for a job they would love and 55% said they would rather a job that they hated, but paid well.

WATCH FOR OUR GRADE ELEVEN SURVEY NEXT MONTH!

Registered Apprenticeship Program (RAP)



What is RAP – Registered Apprenticeship Program?

It is an apprenticeship program for high school students who learn the skills of a trade while earning high school credits. It is a partnership between the school, student and the employer.

How does it work?

High school students gain experience in the trades through a partnership between Alberta High Schools, CAREERS: The Next Generation, employers, and Alberta Apprenticeship and Industry Training. Students gain real work experience while getting paid, earning credits toward their high school diploma and earning hours of training toward their apprenticeship in the trade of their choice.

What is in it for high school students?

- Earn up to 40 high school credits (5-15 level, 15-25 level, 20-35 level).
- Hands-on experience working for and with certified trades people.
- Paid minimum wage or better in more than 50 trades.
- Opens the door to gain work experience and develop skills and abilities in a career they are interested in
 pursuing after high school.
- Flexible work hours arranged by student, school and employer. \$1000.00 RAP Scholarship available for graduating apprentices.
- Gives excellent experience and training.
- Allows students to 'Jump Start' their careers in the trades.

What will students learn?

- Specialized skills in one of 50 trades.
- Employability skills that can be transferred to any future job.

Is there a fee?

- \$35.00 application fee that is required when they sign up to start apprenticing in any trade
- Submitted with an Apprenticeship Application to Apprenticeship and Industry Training offices.

What is in it for Employers?

- Shows community involvement and a dedication to building relationships with the future workforce.
- Provides an excellent source of future employees with skills already learned in the area of trades and technologies.
- Enable employers an opportunity to try potential long term employees and increase skills while still paid slightly lower wages than regular apprentices.



Registered Apprenticeship Program (RAP) challenging | flexible | rewarding

What are the Registered Apprenticeship Program roles?

Student	Employer	Off-campus Coordinator	
Research trades and pick a trade of	Work with CAREERS: The Next	Arrange a CAREERS: The Next	
nterest (refer to	Generation and local high schools to	Generation workshop for	
www.tradesecrets.gov.ab.ca for details	find a potential RAP student	students and potentially	
on trades)		parents	
	Provide a safe work environment		
Complete and submit an application to	Complete required contract and safety	Ensure that student has completed required course	
Off-campus coordinator	check with Off-campus coordinator	work	
Submit an error free cover letter and		WORK	
resume for a potential employer	Develop an outline of responsibilities	Help student find suitable	
	Offer work which is consistent with	employer	
Complete required course work (HCS	the developed learning plan	Conduct a work site inspection	
3000 Workplace Safety Systems)	the developed learning plan	and provide employer with WC	
Look for an employer who will offer you a	Develop work schedule with student	information	
placement	and school	Information	
placement		Complete the Off-campus	
Sign Off-campus Contract/or work	Review job requirements and	Agreement Form, if necessary	
agreement form	evaluation criteria	register the student in summer	
Attend the workplace on time and on	Provide effective and appropriate	school	
scheduled days	supervision	Coordinate, with the employer,	
	Complete, with the Off-campus	site visits, learning plans and	
Inform the employer if he/she is unable	coordinator, evaluation of student	evaluations of the student	
to go to work due to unforeseen	progress		
circumstances	progress	Ensure Apprenticeship	
Do workplace tasks to the best of his/her	Sponsor students Apprenticeship	Application and RAP Verificatio	
ability	Application	Form are submitted	
	Report accidents according to	Monitor student according to	
Follow all safety and security policies	established procedure for WCB and	Alberta Education Off-campus	
Student decides if the trade is right for	Alberta Education	Guide	
him/her, then fill out Apprenticeship		Have student complete	
Application and submit to Apprenticeship	Pay student at least minimum wage	CAREERS forms and send to	
and Industry Training with \$35.00	Update Apprentices' Blue book	Field Director	
	regularly		
Complete and turn in all required records	(CDame)		

- IS years of age
 Enrolled in Grade 10, 11 and 12
- How Can I get more information?
- Registered Apprentiship Program information manual
- Information on <u>CAREERS: The Next Generation</u> website



WORK EXPERIENCE

What are the Minimum student requirements?

- 15 years of age
- Enrolled in grades 10, 11 or 12
- Completion of prerequisite HCS 3000 Workplace Safety Systems and recommended CTR 1010 Job Preparation (2nd WEx) CTR 3010 Preparing for Change (3rd WEx)



prepare work learn

What are Work Experience Roles? Student Employer **Off-campus** Coordinator Provide a safe work Complete required course work Locate appropriate worksites environment for students Obtain permission from parents for Work Experience involvement Complete required contract Conduct a work site and safety check with Offinspection Obtain a Work Experience campus coordinator placement with the assistance of Ensure parental approval for the Off-campus coordinator Offer work which is consistent Work Experience with the developed learning Complete required contract / Offplan Coordinate the development campus work agreement form of learning plans Allow for progressive Attend the workplace on time and development of occupation Provide orientation for on scheduled days related knowledge and skills students and employers Inform the employer if he/she is Provide effective and Act as a liaison between unable to go to work due to appropriate supervision student, employer and the serious circumstance school Complete, with the Off-Do workplace tasks to the best of campus coordinator, Coordinate, with the

established procedure

evaluation of student progress employer, an evaluation of the student's progress the student's progress

Complete all required forms

Complete and turn in all required records

Follow all safety and security

policies of the workplace

his/her ability

How can I get more information?

Off-campus Education website



WORK EXPERIENCE



What is Work Experience?

It is an Off-campus program where students develop employability and workplace skills at community based worksites.

How does it work?

Students are matched with employers who provide appropriate work according to the interest and aptitude of the student and the needs of the employer.

What is in it for High School Students?

- Allows students to apply, in the workplace, the knowledge, skills and attitudes developed in school
 courses and other activities
- Encourages students to discover career interests and aptitudes in meaningful work activities
- Allows for practical experience in a realistic work setting
- Eases the transition from school to work or post-secondary education
- Provides references and contacts for securing future employment

What is in it for Employers?

- Provides an excellent source of future employees with skills already practiced
- Gives recognition in the school community for commitment to education
- Develops supervisory skills in existing employees
- Assists the school to keep courses relevant to changes in the work world
- Increases influence and involvement in the development of future workers

What will students learn?

- Employability Skills:
 - Safety
 - Personal Management Working with Others
 - Thinking, Planning and Organizing
 - Managing Transitions
 - Managing Change
- Workplace Skills related to work placement

How do students earn credits for Work Experience?

- Students may earn credits in:
- Work Experience 15, 25, 35 (3 10 credits each level, 1 credit /each 25 hours)
- Although a student may earn up to 30 credits in Work Experience, only 15 credits count toward the student's high school diploma
- There is no requirement for the completion of a lower level Work Experience to enroll in a higher level course



Anxiety in Children: Strategies to Help

Join **Alberta Health Services** Clinical Consultant **Katherine Jarrell** for an overview of what to look for when children in our care are struggling. Katherine will review:

- behaviours to watch for
- strategies to manage anxiety
- accessing supports (when & where)

You will leave with many ideas you can put into practice immediately to help children thrive.

Katherine Jarrell is a social worker. She was recognized with a Distinguished Teaching award by Mount Royal University. In her current role with Alberta Health Services, Katherine supports direct service providers to children in her practices for optimal mental health. She believes that people learn best when they are relaxed and having fun.

Please join the Rocky Community Learning Council in welcoming Katherine Jarrell to our community programs.

- April 4, 2017 Tuesday Leslieville Bethel Union Church 10:00-11:30am
- April 5, 2017 Wednesday Nordegg Library 10:00 –11:30am
- April 6, 2017 Thursday Caroline Library 10:00-11:30am

For more information email: Monique Sedlar at litco@rockyclc.ab.ca

Or call 403-845-3276